

#### **Task 4:-**

Corky was so scared that his hair turned white.

Think about being scared – how does your body react? Finish these sentences in your book:-

When I am scared my breathing is \_\_\_\_\_

When I am scared my heart \_\_\_\_\_

When I am scared my skin feels \_\_\_\_\_

When I am scared my hands \_\_\_\_\_

When I am scared my mouth turns \_\_\_\_\_

When I am scared I think about \_\_\_\_\_

To stop me being scared I \_\_\_\_\_

There are no right and wrong answers – it's about how you feel!

fast and heavy	deep and slow	beats fast	beats as fast as an express train	beats slowly
cold	sweaty	hot and dry	tremble	shake
freeze	dry	dry and my tongue feels too big		