

St Mary's Catholic Primary School PE LONG Term Progression Map 2022/2023

	Term One		Term Two		Term Three	
Robins Reception	Introduction to PE Unit 1	Introduction to PE Unit 2	Gymnastics Unit 1	Gymnastics Unit 2	Games Unit 1	Games Unit 2
	Fundamentals Unit 1	Fundamentals Unit 2	Dance Unit 1	Ball Skills Unit 2	Dance Unit 2 Swimming Balancability	Ball Skills Swimming Balancability
Woodpeckers Year One and Year Two	Ball Skills	Sending and Receiving	Target Games	Invasion	Striking and Fielding	Team Building
	Fundamentals	Gymnastics	Dance	Swimming	Net and Wall	Athletics
Owls Year Two and Year Three	Ball skills	Sending and Receiving/Netball	Target Games/Football/Dodgeball	Invasion/ Football/ Tag Rugby	Striking and Fielding Rounders and Cricket	Team Building
	Fundamentals	Gymnastics	Swimming	Dance	Net and Wall	Athletics
Kestrels Year Four and Year Five	Football	Netball	Dodgeball	Tag Rugby	Cricket	Rounders
	Gymnastics	Swimming	Dance	Yoga	Tennis	Athletics
Eagles Year Five and Year Six	Football	Netball	Dodgeball	Tag Rugby	Cricket	Rounders
	Swimming	Gymnastics	Dance	Yoga	Tennis	Athletics