

# PSHE statement:

myHappyMind is a mental health and well-being programme to support children in learning habits to support their own mental health. It does also cover all the mandatory objectives from the DfE Relationships Education Curriculum and also around 70% of the PSHE objectives.

## Parent App Information:

We would love for you to share our Parent Engagement Resources on your website.

Please be mindful about sharing your Parent app code in the public domain. **Please share this code with your families privately.**

Below is the link to the Parent App Introduction video that you may like to add to your myHappyMind page.

Parent App Video link:

<https://myhappymind.lpages.co/myhappymind-parent-app-introduction/>

