



<b>WEEK 1</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	<b>Cheesy Salmon Sub Melt with Baked Wedges</b>	<b>Creamy Beef &amp; Vegetable Lasagne</b>	<b>Roast Chicken &amp; Roast Potatoes with Gravy</b>	<b>Fragrant Sweet &amp; Sour Chicken with Wholegrain &amp; White Rice</b>	<b>Battered Fish &amp; Chips</b>
<b>VEGETARIAN MAIN MEAL</b>	<b>Italian Cheese &amp; Tomato Pizza with Baked Wedges</b>	<b>Vegan Bean &amp; Vegetable Lasagne</b>	<b>Vegan Sausage Puff &amp; Roast Potatoes with Gravy</b>	<b>Vegetable Katsu Curry with Wholegrain &amp; White Rice</b>	<b>Vegan Vegetable Nuggets &amp; Chips</b>
<b>VEGETABLES</b>	<b>Carrots &amp; Peas</b>	<b>Garden Peas</b>	<b>Seasonal Vegetables</b>	<b>Sweetcorn</b>	<b>Baked Beans</b>
<b>JACKET POTATOES</b>	<b>Cheddar Cheese, Baked Beans or Tuna Mayonnaise</b>				
<b>PUDDING</b>	<b>Strawberry Yoghurt</b>	<b>Pear &amp; Cocoa Sponge with Vanilla Sauce</b>	<b>Raspberry Jelly &amp; Mandarins</b>	<b>Homemade Apple Crumble &amp; Custard</b>	<b>Chocolate Cookie</b>



<b>WEEK 2</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
<b>MAIN MEAL</b>	Traditional Pork Sausage & Mash	Texan Style Mince Beef with Wholegrain & White Carrot Rice	Roast Turkey & Roast Potatoes with Gravy	Chicken, Tomato & Garlic Wholegrain & White Pasta Bake	Fish Fingers & Chips
<b>VEGETARIAN MAIN MEAL</b>	Vegan Sausage & Mash	Plant Based Chilli with Wholegrain & White Carrot Rice	Tomato & Spinach Spanish Omelette	Crispy Topped Mac 'n' Cheese	Cheese & Onion Pasty with Chips
<b>VEGETABLES</b>	Carrots	Sweetcorn	Seasonal Vegetables	Tomato, Cucumber & Carrot Salad	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Vegan Shortbread	Oaty Apple Crumble & Custard	Strawberry Yoghurt	Orange Mandarin Jelly	Apple Sponge & Custard



WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN MEAL</b>	<i>MEAT FREE MONDAY</i>	Beef Bolognese with Wholegrain & White Pasta	Roast Gammon & Roast Potatoes with Gravy	Fragrant Chicken & Chickpea Korma with Fluffy White Rice	Our Own Recipe Southern Fried Chicken Strips & Chips
<b>VEGETARIAN MAIN MEAL</b>	Cheese & Tomato Pizza with Baked Wedges	Vegan Roasted Veg Bolognese with Wholegrain & White Pasta	Vegan Wellington & Roast Potatoes with Gravy	Squash, Chickpea & Spinach Korma with Fluffy White Rice	Onion Bhaji Burger & Chips
<b>VEGETABLES</b>	Tomato, Cucumber & Carrot Salad	Sweetcorn	Seasonal Vegetables	Garden Peas	Baked Beans
<b>JACKET POTATOES</b>	Cheddar Cheese, Baked Beans or Tuna Mayonnaise				
<b>PUDDING</b>	Strawberry Yoghurt	Pear & Apple Crumble with Custard	Strawberry Jelly with Fruit Cocktail	Sticky Lemon Sponge & Custard	Chocolate Brownie